

# Neighbourhood Lunch

## Light Bites

- Gordal Olives, sea salt & olive oil  
3.95
- Soup of the day, bread and butter  
4.95
- Mini mezze - Lemon hummus, guacamole, feta  
salad & ciabatta  
6.25
- Falafel balls & Tzatziki  
5.50
- Sesame crumb salmon goujons & aioli  
6.75
- Korean chicken, veg salad & lime  
5.95

## Superfood Salads

- Grilled chicken breast, quinoa, avocado, shredded  
vegetable, seeds, broccoli & pomegranate  
dressing  
12.95
- Roast sweet potato, tomato, feta, cashew nuts  
baby Leaf & lemon olive oil dressing  
9.95
- Add Salmon fillet 4.95, Chicken 3.00, Halloumi  
2.00

## Mains

- Crispy Squid salad with chilli and soy dressing  
11.95
- Hood 3 egg omelette, hand cut chips and  
seasonal salad  
5.95
- Fillings:** Bacon, sausage, cheddar, feta, tomato,  
onion, mushroom, peppers, spinach 1.50 each  
Avocado 1.50 Chicken 3.00 egg whites 1.00  
smoked salmon 3.00

## Burgers

- (All of our burgers are served medium)
- 100% 6oz Beef Burger on brioche bun with  
lettuce, dill pickle, burger sauce & ketchup,  
served with chips and coleslaw  
10.50
  - Falafel Burger on a brioche bun with lettuce,  
avocado, tomato, hummus & pickled cucumber,  
served with sweet potato fries and coleslaw  
9.95
  - (Add cheese £1, add bacon £1, add Brie £1.50 and  
caramelised onion £1)

## Sandwiches (add cup soup 2.50)

- All served on ciabatta or wholewheat with a side  
of coleslaw
- Halloumi, tomato, avocado, baby Leaf &  
harissa mayo  
8.50
  - Bacon, Brie, caramelised onion, tomato  
and baby leaf  
8.50
  - Roast marinated chicken fillet, chorizo,  
guacamole, aioli, tomato & baby leaf  
8.75
  - Salt Beef, dill pickle, English mustard, cheddar  
cheese, tomato & baby leaf  
9.95

## On the Side

- Hand cut chips, rosemary sea salt & harissa mayo  
3.75
- Sweet potato chips, rosemary sea salt & harissa  
mayo  
4.50
- Mixed seasonal salad & olive oil dressing  
3.95

# Drinks

Adams & Russell | Mexican Finca San Ramon  
Medium

Coffee	Small	Large
Americano	2.25	2.75
Cappuccino	2.45	2.95
Latte	2.45	2.95
Filter	1.95	----
Espresso	1.75	2.25
Flat White	2.50	----
Mocha or White Mocha	2.45	2.95

Pot of English breakfast for one £1.95

Perfect Pots of **teapigs**. Herbal Teas £2.50

Choose from:

Darjeeling Earl Grey, Mao Feng Green, Peppermint, Super Fruit, Chamomile, Lemon & Ginger, Rooibos Red Bush

Tea pigs Matcha Super Green  £2.95



## Special Hotties

Hot apple steamer	2.50
Frothy caramel milk	1.85
Honey malted milk	2.50
White chocolate chai	2.25
Babycino	0.95
Hot Chocolate	1.95
White Hot Chocolate	1.95
Add Cream or Marshmallows	2.25
Add both	2.45

## Smoothies & Milkshakes

<b>Berry Smoothie</b> 3.95
Seasonal berries blended with banana Greek yoghurt & honey
<b>Matcha Super Smoothie</b> 4.25
Super green tea blended with banana almond milk & honey
<b>Carrot, Apple &amp; Ginger</b> 2.95
Simple & Healthy
<b>Milkshake made with Cheshire Farm Ice-cream</b> 3.75
Choose from: Chocolate, Strawberry, Banana or Vanilla
<b>Shirley Temple</b> 2.25
Lemonade & Grenadine served with a cherry on top
<b>Coke Float</b> 2.95
Coke topped with a dollop of Vanilla Ice Cream

## Juices & Fizzy

Organic Fizzy Elderflower	1.95
Sanpellegrino: Lemon	1.95
Orange	
Pomegranate	
Fentamins Orange, Apple, Summer Berry, Tomato Juice	1.95
H2O Still/Sparkling	1.65
Coke/Diet Coke	1.95
Organic Fentamins Tonic or Club Soda	1.50

## Boozy Brunch

**Prosecco Chardonnay** 18.95

Fresh and fruity with good acidity, this fragrant sparkler will suit most palates and makes a great start to any dinner or party

**Mini Astoria** (20cl bottle for one) 6.95

**Coffee Liqueurs & Cocktails** 4.95

- Bloody Mary** - Vodka, Tomato Juice & Spicy Tabasco
- Gin Bramble** – Gin, Lemon Juice & Blackberry Liquor
- Espresso Martini** – Organic Espresso over chilled Vodka and Kahlua
- Baileys Hot Chocolate** -Baileys liquor blended with Hood's famous Hot Chocolate
- Nutty Irishman** – Organic espresso topped with Irish Whiskey, hazelnut syrup & topped with a dollop of whipped cream
- Hot & French** – Warmed Brandy and organic espresso topped with a dollop of whipped cream